



VILLA LUISA
WELLNESS

**TAKE YOUR
WELLNESS TIME**





WELLNESS CENTRE

A place of regeneration, silence and relaxation, where you can discover how good it feels to take care of yourself

Path duration: 3 hours

External Customers: € 35 per person

Hotel Guests: € 20 per person

Minimum age allowed:

16 years old

THE WELLNESS PATH INCLUDES:

- **Spa kit** with bathrobe and towel
- Saline pool with cervical waterfalls and whirlpool stations
- Finnish sauna
- Turkish bath
- Sensory shower
- Relaxation area with salt walls
- Tea room with hot and cold infusions
- Antifungal and sanitizing foot station

Spa entry and all Food & Wellness services are also available for those not staying at the hotel.

Reservations are required for all services.

Conditions and cancellation policy can be found on the last page.

SALT DUNA

Wellness that excites

An **eco sauna with Dead Sea salt** (temperature around 33°) where you can relax and regenerate body and mind, accompanied by music and chromotherapy.

Benefits: the chromotherapy helps deep relaxation combined with the slight warmth inside the room.

The warm salt relaxes the muscles of the back, drying out the moisture, limiting inflammation and contractures, and also provides additional respiratory benefits.

Free of iodine, this salt has no contraindications for the thyroid gland. Also suitable during pregnancy.

DUNA - 25 minutes

€ 18 per person

€ 30 per couple

Enjoy the benefits of the Duna, comfortably lying on a warm salt bed, regaining your wellbeing.

SALINE WELLNESS - 25 minutes

€ 25 per person

€ 40 per couple

Inside the Duna, wearing a fabric suit that guarantees salt hygiene and allows skin respiration, you can immerse yourself in the hot salt to drain, decontract and relax muscle tension.

It activates a lot of sweating and the purification of toxins.



PRIVATE SPA

Exclusive relaxing interlude

A place where wellness becomes exclusive, in a location with a terrace and panoramic view of Lake Garda.

Inside there is a sauna, a Turkish bath with sensory shower and a cosy salt bed on which to stretch out and sip herbal tea or infusion.

ONLY PRIVATE SPA - €99

60 minutes

- *Wellness path for couples in Private spa with relaxing hot or cold infusion.*

PRIVATE EXPERIENCE - € 130

1 hour and 30 minutes

- *Couple wellness path in Private spa with hot or cold relaxing infusion.*

- *Fruit plate.*

- *Gourmet aperitif with Chef's delights dish.*

PRIVATE SPA GOLD - € 180

1 hour and 30 minutes

- *Couple wellness path in Private spa*

- *20-minute relaxing couple's back massage.*

- *Gourmet aperitif with Chef's delights dish.*

SCRIGNO SUL LAGO - € 320

2 hours and 30 minutes

- *Couple wellness path in Private spa with scrub at your disposal*

- *Aromatic body massage of 50 minutes for the couple.*

- *Fruit plate.*

- *Bottle of wine, chosen from our wine list, accompanied by Chef's Gourmet delights dish.*



PRIVATE SPA

Create your experience

ONLY PRIVATE SPA - €99

60 minutes

Private spa couples' wellness path with relaxing hot or cold infusion

Complete your moment of relaxation by adding:

MASSAGES - from € 35

- 10% discount

Choose the massage you prefer by consulting the brochure in the "FACIAL and PARTIAL" and "BODY MASSAGES" sections

GOURMET APERITIF - € 30

30 minutes - 2 people

*Alcoholic or non-alcoholic aperitif of **your choice** for 2 people, accompanied by a gourmet dish of Chef's delights.*

GOURMET BOTTLE - from € 46

30 minutes - 2 people

*Aperitif with a **bottle of your choice** from the wine list, accompanied by a Gourmet dish with Chef's delights for 2 people.*

4-COURSE DINNER - from € 45

Drinks excluded - price per person

End your couple experience with a pleasant romantic dinner at our restaurant.

A menu full of choices with appetizer, first course, second course and dessert.



CANCELLATION TERMS AND CONDITIONS

In order to ensure the availability of the desired services,
advance **reservation is compulsory.**

We suggest to arrive 10 minutes before the scheduled time to
relax and start the treatment on time.
In case of delay, the treatment must end at the scheduled time
so as not to penalize the next client.

**For cancellation of appointments we require notice
at least 8 hours in advance.**

Any cancellation made with less notice
will be charged of **50% of the total amount.**

**Cancellations without prior notice or failure to cancel
will be charged of the full amount.**

ADDITIONAL INFORMATION

FOOD/DRINKS: it is forbidden to enter the spa area with food and
drinks, whether personal or from the hotel.

LOST PROPERTY AND DAMAGE: Villa Luisa Resort & Spa is not
responsible for lost property or damage to personal items or valuables,
so we advise you not to leave them unattended.

If lost property is found, it will be handed over to the main reception
desk immediately.

