



VILLA LUISA
WELLNESS

**TAKE YOUR
WELLNESS TIME**



WELLNESS CENTER

A place of regeneration, silence and relaxation, where you will discover how good it feels to take care of yourself.

SPA ACCESS INCLUDES:

- *Heated saline pool with cervical waterfalls and whirlpool stations*
- *Finnish sauna*
- *Turkish bath*
- *Sensory shower*
- *Relaxation area with salt walls*
- *Tea room with hot and cold infusions*
- *Antifungal and sanitizing foot station*
- *Spa bag with bathrobe and towel*

Spa entry and all Food & Wellness services are also available for those not staying at the hotel.

**Reservations are required
for all services.**

Conditions and cancellation policy can be found on the last page.

SALT DUNE

Wellness that excites

An **eco-sauna with Dead Sea salt** (temperature around 33°) where you can relax and regenerate body and mind, accompanied by music and chromotherapy.

Benefits: the chromotherapy helps deep relaxation combined with the slight warmth inside the room.

The warm salt relaxes the muscles of the back, drying out the moisture, limiting inflammation and contractures, and also provides additional respiratory benefits.

Free of iodine, this salt has no contraindications for the thyroid gland. Also suitable during pregnancy.

DUNE - 25 minutes

€ 25 per couple

€ 18 per person

Enjoy the benefits of the Dune, comfortably lying on a warm salt bed, regaining your wellbeing.

SALINA WELLNESS - 25 minutes

€ 40 per couple

€ 25 per single person

Inside the Dune, wearing a fabric suit that ensures salt hygiene and allows your skin to breathe, you can immerse yourself in the warm salt to drain, decontract and relax tense muscles. Sweating and the purification of toxins are greatly activated.



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VILLA LUISA
WELLNESS



**EXCLUSIVE
WELLNESS**

PRIVATE SPA

Exclusive parenthesis of relaxation

A place where wellness becomes exclusive, in a location with a terrace and panoramic view of Garda Lake.

Inside you will find a sauna, a Turkish bath with sensory shower and a cosy salt bed on which to stretch out and sip a refreshing herbal tea or infusion.

ONLY PRIVATE SPA - €99

60 minutes

Wellness path for couples in Private spa with relaxing hot or cold infusion.

PRIVATE EXPERIENCE - € 180

1 hour and 30 minutes

Couples wellness path in Private spa with hot or cold relaxing infusion.

20-minute relaxing couple's back and neck massage.

Gourmet aperitif with Chef's delights dish.

PRIVATE EXPERIENCE GOLD - € 220

2 hours

Couples wellness path in Private spa with hot or cold relaxing infusion.

20-minute relaxing couple's back and neck massage.

Aperitif with bottle and gourmet Chef's dish

SCRIGNO SUL LAGO - € 280

2 hours and 30 minutes

Couple's wellness path in Private spa.

Exfoliating body scrub and 50-minute aromatic massage for couples.

Simple aperitif with appetizers



PRIVATE SPA

Create your own experience

ONLY PRIVATE SPA - €99

60 minutes

Private spa couples' wellness path with relaxing hot or cold infusion.

Complete your moment
of relaxation by adding:

MASSAGES - from € 35

- 10% discount

Choose the massage you prefer by consulting the brochure in the "FACIAL and PARTIAL" and "BODY MASSAGES" sections.

GOURMET APERITIF - € 30

30 minutes

Alcoholic or non-alcoholic aperitif of your choice for 2 people, accompanied by a gourmet dish with Chef's delights.

GOURMET BOTTLE - from € 46

30 minutes

Aperitif with a bottle of your choice from the wine list, accompanied by a gourmet dish with Chef's delights for 2 people.

4-COURSE DINNER MENU - € 80

Drinks not included

End your couple experience with a pleasant romantic dinner at our restaurant.

A menu full of choices with appetizer, first course, second course and dessert.



CANCELLATION TERMS AND CONDITIONS

In order to ensure the availability of the desired services, advance **reservation is recommended.**

We suggest to arrive 10 minutes before the scheduled time to relax and start the treatment on time.

In case of delay, the treatment must end at the scheduled time so as not to penalize the next client.

**The following is required for cancellation of appointments
At least 8 hours' notice.**

Any cancellation made with less notice
will be charged of **50% of the total amount.**

SPA FAMILY: Cancellations with less than 48 hours notice will be charged **50% of the total amount.**

**Cancellations without prior notice or failure to cancel
will be charged of the full amount.**

ADDITIONAL INFORMATION

FOOD/DRINKS: it is forbidden to enter the spa area with food and drinks, whether personal or from the hotel.

LOST PROPERTY AND DAMAGE: Villa Luisa Resort & Spa is not responsible for lost property or damage to personal items or valuables, so we advise you not to leave them unattended.

If lost property is found, it will be handed over to the main reception desk immediately.

