



VILLA LUISA
WELLNESS

**TAKE YOUR
WELLNESS TIME**



FACE TREATMENTS

Action and Prevention

PRIMISSIONA - € 90

Exfoliating - 40 minutes

Intensive treatment for skin with: thickening, dull colour, dyschromia, acne and scars, wrinkles. The skin is regenerated and smoothed, spots acne and scars are diminished and the complexion is even and radiant. It enhances the effects of each subsequent treatment.

REHYDRA - € 75

Hydrating and nourishing - 50 minutes

A moisturising, nourishing, restorative and restructuring treatment for all skin types. Innovative textures and dexterity that provide comfort and freshness. Relaxing rituals remove stress and oxygenate, helping to quench the skin's thirst.

LIME VITAMINA C - € 90

Energizing and antiaging, stressed and dull skin - 50 minutes

All the energy of vitamin C to provide all skin types a regenerating and restorative effect with a specific antioxidant action to combat skin ageing.

DELAY INFINITY - € 90

Shock prevention and first wrinkles - 50 minutes

Innovative combination of highly effective natural active ingredients that protects and prevents the first signs of ageing. For a lifting effect and surprising results, perfectly moisturised and nourished skin, radiant.



FACE TREATMENTS

Action and prevention

KOBIDO - € 65

Fast antiage massage/treatment
50 minutes

Fast lifting treatment for face, neck and décolletage. a deep massage with kobido manual technique to reshape the oval of the face and final mask application.

GRAND CLASSIQUE - € 65

Gentle Facial Cleansing
60 minutes

Designed to be customized according to skin type, even to the most delicate. Its rebalancing action restores the skin to its original radiance.

GRAND CLASSIQUE INTENSE- € 85

Deep Facial Cleansing
90 minutes

Cleansing and facial treatment together for a deep cleansing based on three different moments: chemical exfoliation, mechanical exfoliation, wringing. Immediately visible result: relaxed, firm and smooth skin.

OPTIMIZER - € 95

60 minutes

Anti age treatment which gives elasticity and tone to the oval of the face, thanks to hyaluronic acid, marine collagen and silicon, which will make the skin appear firmer and younger.
Treatment focused on the wrinkles in order to cancel tiredness and alleviate the signs of ageing.



ANTIAGE FACE TREATMENT

Action and prevention

EXCELLENCE CODE - € 120

from 50 years old

60 minutes

*From the meticulous scientific research of YON-KA originates the **exceptional anti-aging program**, dedicated to the most demanding skin.*

A high-performance holistic treatment.

A ritual dedicated to the most demanding women, who want certain results and a moment of pleasant well-being.

For skins attacked by the passage of time and made fragile by hormonal changes,

*"Excellence code" is the **ideal ally to restore the skin's natural beauty.***

The complexity of its formula allows it to act on all the imperfections of aging, dryness, loss

*of tone and radiance, wrinkles and pigmentation alterations, thanks to the perfect synergy between the best anti-aging active ingredients, combined with the extraordinary properties of the **herb of immortality.***



MAN FACE TREATMENTS

Action and prevention

MEN EXPRESS - € 45

Purifying/moisturizing/anti-aging
30 minutes

Beauty and relaxation in a regenerating short treatment. Ideal for taking care of your skin even in a short time.

MEN INTENSIVE - € 80

Purifying
60 minutes

Targeted purification and hydration treatment, immediate revitalizing effect. Multivitamin and antioxidant concentrate, anti-poches and antidark circles

MEN INTENSIVE ANTI-AGE - € 85

60 minutes

Energizing and anti-aging treatment. Smooths small wrinkles and attenuates the effects of aging. Ultra-moisturizing, antioxidant and restructuring formula.

MEN INTENSIVE RELAX - € 70

Hydrating, Anti-aging and relaxing
50 minutes

Regenerating face treatment combined with a head-neck-shoulder massage to relieve all tensions. Wellness and relax in order to cancel the accumulated stress.



PARTIAL MESSAGES

Total well-being

HEAD, FACE and NECK - € 40

Shaping - Draining

30 minutes

Relaxing massage for face, neck and head, with pressure and scalp drainage for great regeneration.

HEAD, NECK and SHOULDER - € 35

20 minutes

Relaxes the muscles of the neck area, easing tension in the shoulders and helping the mind to indulge in carefree relaxation.

RELAXING BACK - € 35

20 minutes

Relaxing back and shoulder massage that helps loosen tensioned muscles.

REMODELLING LEG - € 45

30 minutes

Massage of legs and abdomen with draining and reshaping manual techniques to improve circulation, reduce swelling and provide a pleasant feeling of lightness.

DECONTRACTURING BACK and NECK - € 45

30 minutes

Targeted massage for contracted areas, which has a relaxing effect and relieves accumulated daily stress.



BODY MESSAGES

Total well-being

AROMATIC - € 70

50 minutes

A relaxing massage that gives the body deep wellbeing thanks to enveloping manual movements and fragrant natural oils.

MUSCLES RELAXATION - € 80

50 minutes

Massage that works on the muscles to release contractures or small tensions, thanks to manual skills that warm and work in depth.

ANTI-STRESS - € 105

75 minutes

Prolonged massage where tensions will relieve, thanks to decontracting manual techniques on the back and manual techniques with a draining and relaxing effect on the rest of the body. Stress will slip away and you will regain your well-being.

CANDLE MASSAGE - € 75

50 minutes

Relaxing and particularly enveloping massage with candles.

Hydrates, nourishes and perfumes the skin with the finest plant butters, melted and slightly warm by the heat of the flame for a pleasant sensation of well-being.



BODY MESSAGES

Total well-being

DRAINING - € 75

50 minutes

Gentle massage that stimulates microcirculation to eliminate excess fluids and accumulated toxins.

Excellent for widespread swelling or fragile veins/capillaries.

SPORTS MASSAGE - € 85

50 minutes

Highly recommended for people who practice intense sport activities. It has a specific action focused on aiming at loosening hypertonic muscle areas and revitalising hypotonic areas.

PLANTAR REFLEXOLOGY - € 40

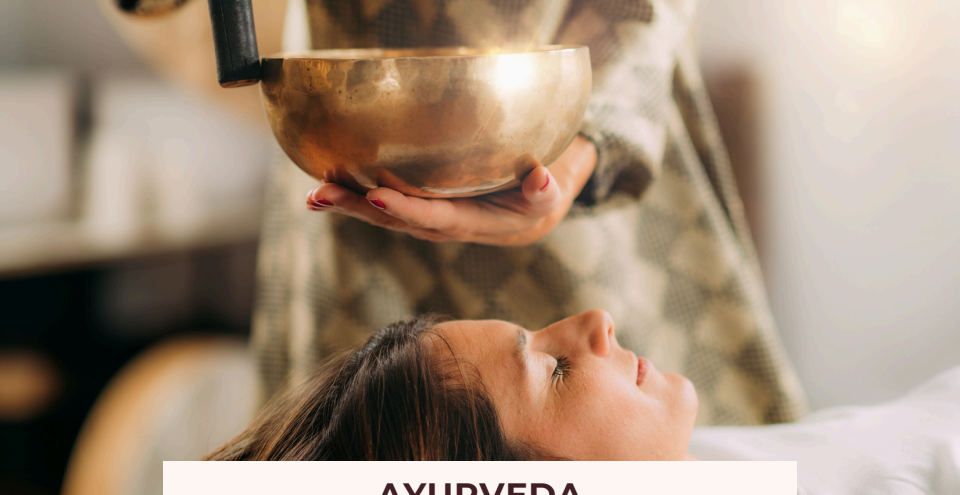
25 minutes

Feet are the mirror of our body, which expresses what it is experiencing through specific keys (corns, redness, fissures, curved toes). An acupressure foot massage will stimulate the reflex points of organs and viscera to rebalance mind and body. Treating the foot means emptying the mind of excesses, bringing deep relaxation.

MATERNITY - € 65

45 minutes

Massage that cradles the mother-to-be and her baby. The manual strokes are gentle, enveloping, helping the drainage of the lower limbs and warming the lower back.



AYURVEDA

Ayurveda is an Indian massage technique practised on the whole body with warm oil, used to rebalance body and mind. It strengthens the immune system, gives elasticity to the skin, reshapes the body by improving blood circulation and reducing cellulite. Relieves stress and reduces muscle aches, giving a feeling of total well-being.

ABHYANGA MASSAGE - € 95,00

60 minutes

Massage involving body, face and head. Manually unblocks the marma points and rebalances the energy. Stimulates the purification process and elimination of toxins, thus having a rejuvenating and purifying effect. Reduces states of anxiety.

AYURVEDIC TOUCH - € 85,00

50 minutes

Personalised Ayurvedic Touch Tridoshic technique, a complete specific treatment, perfect for regaining well-being, energy, relief from stress and muscular pain, as well as draining and toning the body. Suitable for everyone, it stimulates psycho-physical rebalancing.

TIBETAN BELL MASSAGE - € 60,00

40 minutes

Ayurveda massage with Tibetan bells and sound emotions. During the session, the vibrations of the bells create a deep meditative state that acts directly on energy points (chakras) and brain waves, allowing a rebalancing of vital rhythms.



VAGHEGGI
PHYTOSANTAL



BODY TREATMENTS

All Vagheggi treatments open with a relaxing 'Contact',
a welcome selection of manual techniques and essential oils
to relax mind and body.

DETOXIFYING BODY SPA - € 80

60 minutes

*Exfoliating massage and body pack to drain
and remove toxins from the skin, smoothing it immediately, a
true wellness treatment.*

***Indispensable for preparing and enhancing the
effectiveness of subsequent body treatments.***

SINECELL BANDAGE - € 80

50 minutes

REDUCING - warm effect

Localised treatment of adiposity and the
unsightly appearance of advanced cellulite.

Indicated for treatments reducing
treatments thanks to the presence of pink
pepper and caffeine.

SHOCK DRAINING - athermic

Anti-water" treatment (with
Epsom salt) and body reshaping.
The soaked bandages release the active
marine active ingredients of the red algae
"Jania rubens"
on the skin with specific action
on the imperfections of anti-cellulite.

SINECELL MUD - € 80

50 minutes

DRAINING and REDUCING

Treatment for cellulite imperfections, with
pink pepper extract Jania algae and
Tasmanian oil, with draining and modelling
action of the body profile.

PLUS TREATMENT* - € 40

40 minutes

*By extending the massage time
you can effectively work on
critical areas, or make the specific body
and relaxing specific body treatment.*

**to be combined with Sinecell body
treatments*



AROMA-FUSION

Four phyto-aromatic journeys

*The experience of a tailor-made
body treatment, customised to the
needs and desires of the day:
the choice of an aroma,
beauty objective,
massage technique or
treatment ritual.*

DETOX ESCAPE IN PROVENCE

with Lavander and Helichrysum

ENERGIZING WALK IN THE WOODS

with Cedar and Cypress

REVITALIZING RETURN TO CORSICA

with Mandarin and Sweet Orange

RELAXING TRIP TO POLYNESIA

with Tiarè Flowers and Jasmine

Let yourself be tempted...

To each one his own universe
to feel good!



AROMA-FUSION MASSAGES

Specific and targeted
techniques

55 minutes - € 85

AROMA-LUXE

Relaxing

A **manual**, 100% relaxing body massage.
Exclusive Yon-Ka techniques, aimed at muscle
relaxation, combined with a pleasant scenting
given by specific concentrated essential oils,
will give a pleasant feeling of well-being.

AROMA-SCULPTANT

Toning

Aromatic relaxing body massage with a
specific toning focus for the legs, thanks to
shaping techniques with **bamboo**, to regain
the silhouette and remove the heaviness
of the legs.

AROMA-ENERGY

Rebalancing

Body massage that combines the relaxing
action of Yon-Ka techniques with the
balancing action of **acupressure techniques**
on hands and feet, for an energizing effect.

AROMA-RELAX

Relaxing

Body massage with relaxing Yon-Ka
techniques, pleasant **hot stones** massaged
into the back and shoulders will complete
your sensory journey.



BASIC BEAUTY

Taking care of yourself

HANDS

Manicure	€ 20
Semi-permanent nail polish	€ 25
Manicure + semi-permanent	€ 32
Semi-permanent removal	€ 10

FEET

Aesthetic Pedicure	€ 30
Complete Pedicure	€ 35
Semi-permanent nail polish	€ 25
Pedicure + semi-permanent	€ 40
Semipermanent Removal	€ 10

EPILATION

Eyebrows	€ 6
Upper lip	€ 5
Armpits	€ 8
Arms	€ 18
Partial groin	€ 10
Full groin	€ 16
Half leg	€ 20
Full leg	€ 30
Full leg + partial groin	€ 36
Men's back	€ 30
Men's chest/abdomen	€ 30

Epilation package:

Full leg, full groin, armpits, upper lip, eyebrows	€ 60
+ Arms	€ 15

CANCELLATION TERMS AND CONDITIONS

In order to ensure the availability of the desired services,
advance **reservation is compulsory.**

We suggest to arrive 10 minutes before the scheduled time to
relax and start the treatment on time.
In case of delay, the treatment must end at the scheduled time
so as not to penalize the next client.

**For cancellation of appointments we require notice
at least 8 hours in advance.**

Any cancellation made with less notice
will be charged of **50% of the total amount.**

**Cancellations without prior notice or failure to cancel
will be charged of the full amount.**

ADDITIONAL INFORMATION

FOOD/DRINKS: it is forbidden to enter the spa area with food and
drinks, whether personal or from the hotel.

LOST PROPERTY AND DAMAGE: Villa Luisa Resort & Spa is not
responsible for lost property or damage to personal items or valuables,
so we advise you not to leave them unattended.

If lost property is found, it will be handed over to the main reception
desk immediately.

