



DV

VILLA LUISA
WELLNESS

**TAKE YOUR
WELLNESS TIME**





Take care of your body.
It's the only place you have to live.
Jim Rhon

SPA WELLNESS PATH

The spa entrance and all Food & Wellness services are also available for those not staying at the hotel.

Minimum age: 16 years

Advance booking is required for all services.

Conditions and cancellation policy can be found on the last page.

THE SPA PATH:

- *Swimming pool with waterfalls and whirlpool stations*
- *Finnish sauna*
- *Turkish bath*
- *Multi-sensory shower*
- *Tea room area with hot and cold herbal teas*
- *Anti-fungal and foot sanitisation station*

Entrance duration: 3 hours
Spa kit with bathrobe and towel included.

SALT DUNA

Wellness that excites

Eco sauna with Dead Sea salt

(temperature around 33°) where you can relax and regenerate body and mind, accompanied by music and chromotherapy.

Benefits: warm salt relaxes the body's muscles, drying out moisture, limiting inflammation and contractures, and provides additional respiratory benefits. Chromotherapy and music provide deep relaxation combined with the warmth of the room.

Also suitable during pregnancy.

DUNA - 25 minutes

€ 18 per person

€ 30 per couple

Enjoy the benefits of the Duna, comfortably lying on a warm salt bed, regaining your wellbeing.

SALINE WELLNESS - 25 minutes

€ 25 per person

€ 40 per couple

Inside the Duna, wearing a fabric suit that guarantees salt hygiene and allows skin respiration, you can immerse yourself in the hot salt to drain, decontract and relax muscle tension. It activates a lot of sweating and the purification of toxins.



PRIVATE SPA

Exclusive relaxing interlude

A place where wellness becomes exclusive, in a location with a terrace and panoramic view of Lake Garda.

Inside there is a sauna, a Turkish bath with sensory shower and a cosy salt bed on which to stretch out and sip herbal tea or infusion.

PRIVATE EXPERIENCE - € 130

1 hour and 30 minutes

- Couple wellness path in Private spa with hot or cold relaxing infusion.
- Fruit plate.
- Gourmet aperitif with Chef's delights dish.

PRIVATE SPA GOLD - € 180

1 hour and 30 minutes

- Couple wellness path in Private spa
- 20-minute relaxing couple's back massage.
- Gourmet aperitif with Chef's delights dish.

SCRIGNO SUL LAGO - € 320

2 hours and 30 minutes

- Couple wellness path in Private spa.
- Self-treatment scrubs available.
- Fruit plate.
- Aromatic body massage of 50 minutes for the couple.
- Bottle of wine, chosen from our wine list, accompanied by Chef's Gourmet delights dish.



PRIVATE SPA

Create your experience

ONLY PRIVATE SPA - €99

60 minutes

Private spa couples' wellness path with relaxing hot or cold infusion

Extra Services:

MASSAGES - from € 35

- 10% discount

Choose the massage you prefer by consulting the brochure in the "FACIAL and PARTIAL" and "BODY MASSAGES" sections

GOURMET APERITIF - € 30

30 minutes - 2 people

GOURMET BOTTLE - from € 46

30 minutes - 2 people

***Bottle of your choice** from the wine list, accompanied by a Gourmet dish with Chef's delights for 2 people.*

COMING SOON

PANORAMIC JACUZZI

60 minutes - 2 people

4-COURSE DINNER - from € 45

Drinks excluded - price per person

End your couple experience with a pleasant romantic dinner at our restaurant.

A menu full of choices with appetizer, first course, second course and dessert.





FACE TREATMENTS

Detox and Regeneration

REBORN SKIN - € 90

Exfoliating - 40 minutes

Intensive treatment for skin with: thickening, dull colour, dyschromia, acne and scars, wrinkles. The skin is regenerated and smoothed, spots acne and scars are diminished and the complexion is even and radiant. It enhances the effects of each subsequent treatment.

GRAND CLASSIQUE - € 65/80

Gentle/Deep Facial Cleansing Treatment
60 minutes/80 minutes

Cleansing and facial treatment together for a deep cleansing, designed to be customised according to skin type, even for the most delicate.

Its rebalancing action restores the skin's original radiance.

Immediately visible result: relaxed, compact and homogeneous skin.

TEENAGE FACIAL CLEANSING

- € 55

Teenage Facial Cleansing Treatment
60 minutes

Facial cleansing customised according to skin type, with a special focus on the imperfections of teenagers; balancing, purifying and soothing, it will nourish and visibly improve the skin.

Including a consultation with a focus on age-appropriate cleansing and skin care.



FACE TREATMENTS

Action and Prevention

KOBIDO - € 65

Immediate antiage massage/treatment
50 minutes

Immediate lifting effect treatment for face, neck and décolleté. A cleansing, followed by a deep massage with kobido manual techniques to reshape the oval of the face and final mask application

REHYDRA - € 75

Hydrating and nourishing - 50 minutes

A moisturising, nourishing, restorative and restructuring treatment for all skin types. Innovative textures and dexterity that provide comfort and freshness. Relaxing rituals remove stress and oxygenate, helping to quench the skin's thirst.

BRIGHT SKIN - € 90

Energising and illuminating antiage treatment
50 minutes

All the energy of vitamin C to guarantee all skin types a regenerating and restorative effect with a specific antioxidant action to combat skin ageing and blemishes

DELAY INFINITY - € 90

Wrinkle prevention shock - 60 minutes

Innovative combination of highly effective natural active ingredients that protects and prevents the first signs of ageing. For a lifting effect and surprising results, perfectly moisturised and nourished, radiant skin.



MAN FACE TREATMENTS

Action and prevention

MEN EXPRESS - € 45

Purifying/moisturizing/anti-aging
30 minutes

Beauty and relaxation in a regenerating short treatment. Ideal for taking care of your skin even in a short time.

MEN INTENSIVE - € 85

60 minutes

Energising and antiage treatment. Smooths small wrinkles and attenuates the effects of ageing. Ultra-moisturising, antioxidant and restructuring formula.

GRAND CLASSIQUE - € 65/80

Gentle/Deep Facial Cleansing Treatment
60 minutes/80 minutes

Cleansing and facial treatment together for a deep cleansing, designed to be customised according to skin type, even for the most delicate. Its rebalancing action restores the skin's original radiance.

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PARTIAL MASSAGES

HEAD, FACE and NECK - € 45

30 minutes

Relaxing massage for face, neck and head, with pressure and scalp drainage for great regeneration.

HEAD, NECK, SHOULDER - € 35

20 minutes

Relaxes the muscles of the neck area, easing tension in the shoulders and helping the mind to indulge in carefree relaxation.

RELAXING BACK - € 35

20 minutes

Relaxing back and shoulder massage that helps loosen tensioned muscles.

DECONTRACTURING BACK and NECK - € 45

30 minutes

Targeted massage for contracted areas, which has a relaxing effect and relieves accumulated daily stress.

REMODELLING LEG - € 45

30 minutes

Massage of legs and abdomen with draining and reshaping manual techniques to improve circulation, reduce swelling and provide a pleasant feeling of lightness.



BODY MASSAGES

Total well-being

AROMATIC - € 70

50 minutes

A relaxing massage that gives the body deep wellbeing thanks to enveloping manual movements and fragrant natural oils.

MUSCLES RELAXATION - € 80

50 minutes

Massage that works on the muscles to release contractures or small tensions, thanks to manual skills that warm and work in depth.

ANTI-STRESS - € 110

75 minutes

Prolonged massage where tensions will melt away, thanks to decontracting manual techniques combined with manual techniques with a draining and relaxing effect, depending on your body's needs. Stress will slip away and you will regain your well-being.

CANDLE MASSAGE - € 75

50 minutes

Relaxing and particularly enveloping massage with candles.

Hydrates, nourishes and perfumes the skin with the finest plant butters, melted and slightly warm by the heat of the flame for a pleasant sensation of well-being.



BODY MASSAGES

Total well-being

DRAINING - € 75

50 minutes

Gentle massage that stimulates microcirculation to eliminate excess fluids and accumulated toxins.

Excellent for widespread swelling or fragile veins/capillaries.

SPORTS MASSAGE - € 85

50 minutes

Highly recommended for people who practice intense sport activities. It has a specific action focused on aiming at loosening hypertonic muscle areas and revitalising hypotonic areas.

PLANTAR REFLEXOLOGY - € 40

25 minutes

Feet are the mirror of our body, which expresses what it is experiencing through specific keys (corns, redness, fissures, curved toes). An acupressure foot massage will stimulate the reflex points of organs and viscera to rebalance mind and body. Treating the foot means emptying the mind of excesses, bringing deep relaxation.

MATERNITY - € 65

45 minutes

Massage that cradles the mother-to-be and her baby. The manual strokes are gentle, enveloping, helping the drainage of the lower limbs and warming the lower back.



BODY TREATMENTS

Beauty and harmony

DETOX BODY - € 80

60 minutes

Exfoliating massage and body pack to drain and remove toxins from the skin, smoothing it immediately, a true wellness treatment.

Indispensable for preparing and enhancing the effectiveness of subsequent body treatments.

BANDAGE TREATMENT - € 80

50 minutes

REDUCING - warm effect

Localised treatment of adiposity and the unsightly appearance of advanced cellulite. Indicated for treatments reducing treatments thanks to the presence of pink pepper and caffeine.

SHOCK DRAINING - athermic

Anti-water" treatment (with Epsom salt) and body reshaping. The soaked bandages release the active marine active ingredients of the red algae "Jania rubens" on the skin with specific action on the imperfections of anti-cellulite.

MUD TREATMENT - € 80

50 minutes

DRAINING and REDUCING

Treatment for cellulite imperfections, with pink pepper extract Jania algae and Tasmanian oil, with draining and modelling action of the body profile.



BASIC BEAUTY

Taking care of yourself

HANDS

Manicure	€ 20
Semi-permanent nail polish	€ 25
Manicure + semi-permanent	€ 32
Semi-permanent removal	€ 10

FEET

Aesthetic Pedicure	€ 30
Complete Pedicure	€ 35
Semi-permanent nail polish	€ 25
Aesthetic pedicure + semi-permanent nail polish	€ 40
Full pedicure + semi-permanent nail polish	€ 45
Semipermanent removal	€ 10

EPILATION

Eyebrows	€ 6
Upper lip	€ 5
Armpits	€ 8
Arms	€ 18
Partial groin	€ 10
Full groin	€ 16
Half leg	€ 20
Full leg	€ 30
Full leg + partial groin	€ 36
Men's back	€ 30
Men's chest/abdomen	€ 30



CANCELLATION TERMS AND CONDITIONS

In order to ensure the availability of the desired services, advance **reservation is compulsory.**

We suggest to arrive 10 minutes before the scheduled time to relax and start the treatment on time.
In case of delay, the treatment must end at the scheduled time so as not to penalize the next client.

For cancellation of appointments we require notice at least 12 hours in advance.

Any cancellation made with less notice will be charged of **50% of the total amount.**

Cancellations without prior notice or failure to cancel will be charged of the full amount.

ADDITIONAL INFORMATION

FOOD/DRINKS: it is forbidden to enter the spa area with food and drinks, whether personal or from the hotel.

LOST PROPERTY AND DAMAGE: Villa Luisa Resort & Spa is not responsible for lost property or damage to personal items or valuables, so we advise you not to leave them unattended.

If lost property is found, it will be handed over to the main reception desk immediately.



Via Palazzo 1 - c/o Villa Luisa Resort
Information and Reservations
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