



VILLA LUISA
WELLNESS

TAKE YOUR
WELLNESS TIME



FACIAL TREATMENTS

Suitable for all skins and all ages

ESCALE BEAUTE'

Purifying/moisturizing/anti age
30 minutes € 45

Immerse yourself into the magical olfactive sensations of this mini facial treatment, that reveals itself as a magical touch that enhances pleasant sensory perceptions.

GRAND CLASSIQUE

Gental facial cleansing
60 minutes € 60

Designed to be customized according to the type of skin, even the most delicate. Its rebalancing action restores the original splendor to the skin.

GRAND CLASSIQUE INTENSE

Deep facial cleansing
90 minutes € 80

Pulizia e trattamento viso insieme per una deterzione profonda basata su tre momenti diversi: esfoliazione chimica, esfoliazione meccanica, strizzatura. Risultato immediatamente visibile: pelle distesa, compatta e omogenea.

VITAL DEFENCE

Starting from the age of 30
60 minutes € 70

With antioxidant action - anti pollution. Eliminates harmful effects of pollution from the skin, brings brightness and vitality to the skin.



ANTI AGE FACIAL TREATMENTS

Action and prevention

ELASTINE

From the age of 30 to 45

60 minutes € 70

Anti-aging tensor treatment that curbs the first signs of time and smoothes out superficial wrinkles. The skin becomes more elastic, compact and well hydrated.

OPTIMIZER

From the age of 40 to 55

60 minutes € 95

Brings elasticity and tone to the oval of the face, thanks to the hyaluronic acid, marine collagen and silicon, it will appear more toned and young.

EXCELLENCE CODE

ANTI AGE GLOBAL

Starting from the age of 55

60 minutes € 130

Thanks to the meticulous scientific research YON-KA the exceptional anti age program is discovered. An holistic ritual dedicated to the most demanding women, whom want certain results combined with a moment of well-being. The complexity of its formula permits action on all the imperfections due to age, dryness, loss of tone and brightness, wrinkles and pigmentation alterations.



MEN'S FACIAL TREATMENTS

Action and prevention

MEN EXPRESS

30 minutes € 45

Brings beauty and relaxation in a regenerating short treatment. Ideal to take care of your skin even in a short time.

MEN INTENSIVE PURIFYING

60 minutes € 80

Targeted treatment of purification and hydration, gives immediate revitalizing effect. A concentration of multivitamin and antioxidant, against eye bags and dark eye circles.

MEN INTENSIVE ANTIAGE

60 minutes € 85

Cleansing and anti age treatment. Smooths small wrinkles and attenuates the effects of aging. Ultra moisturizing formula, antioxidant and restructuring.



ESSENTIAL BODY TREATMENTS

AROMA GOMMAGE

45 minutes € 50

Smoothing scrub with different textures , mix of specific aromatic concentrates. Suitable for each type of skin, from the most sensitive to atonic skin, effectively removes dead cells.

SPECIFIC BODY TREATMENTS

PHYTO MINCEUR

60 minutes € 75

Drainage treatment, reducing, anticellulite. Ensures a rapid elimination of toxins and an effective reshaping of the silhouette thanks to the specific techniques and products.

PHYTO FERMETÉ

60 minutes € 80

Firming body treatment combats relaxed skin. This treatment stimulates vitality and provides tone and elasticity to tissues. The heart of its effectiveness, specific techniques and highly performing substances.



AROMA-FUSION

Four phyto-aromatic
treatments

Experience a customized body treatment, customized according to the needs and desire of the day: the choice of the aromatic universe, the goal of beauty, the texture, the massage technique or the ritual of treatment.

DETOXIFYING ESCAPE TO PROVENCE
with lavender and helichrysum

ENERGIZING WALK IN THE FOREST
with cedar and cypress

REVITALIZING RETURN TO CORSICA
with tangerine and sweet orange

RELAXING TRIP TO POLYNESIA
with tiarè flower and jasmine

Tempted your self...

Each may choose his universe to
feel good !



MASSAGES AROMA-FUSION

Specific and targeted
techniques

60 minutes € 75

AROMA-LUXE Restifful

A manual body massage, 100% relaxing. The Yon-ka exclusive techniques, are focused on muscular relaxation, combined with a pleasant fragrance thanks to specific concentrated essential oils, gives a pleasant feeling of well-being.

AROMA-SCULPTANT Invigorating

Relaxing aromatic body massage with a specific toning focus for the legs, thanks to bamboo modeling techniques, in order to obtain your silhouette and ease heaviness from your legs.

AROMA-ENERGY Balancing

A body massage that combines the relaxing action of Yon-ka techniques to the balancing action of the acupressure techniques on both hands and feet for an energizing effect.

AROMA-RELAX Relaxing

A body massage with relaxing techniques Yon-ka, pleasant warm stones massage the back and shoulders, will complete your sensory experience.



RITUALS AROMA-FUSION

Pure relaxation and escape

Gommage + Specific massage

60 minutes € 75

90 minutes € 95

ESCAPADE PROVENÇALE

DETOX

Balancing effect, purifying and calming due to the essential oils of lavender and helichrysum. Delicate gommage, relaxing and detoxifying massage for a beauty and harmonious experience.

BALADE EN FORÊT

SILHOUETTE

An oxygenating and rejuvenating experience, with essential oils of cedar and cypress. Stimulating and revitalizing : an intense scrub with salt followed by a modeling massage with bamboo on the legs in order to achieve a sense of well-being and lightness.

DÉLICE DE CORSE

VITALITÉ

The fruity universe of Corsica with revitalizing notes of mandarin and sweet orange. A delightful scrub and balancing massage with acupressure on hands and feet, awaken ones senses thus dissolves stress of the body and mind.

VOYAGE EN POLYNÉSIE

RELAX

An experience to paradise with warm and floral notes of Tiaré and jasmine. A delightful peeling with two sugars and a relaxing massage with hot volcanic stones on the back, relaxes body and mind in order to escape stress.



FACE AND PARTIAL MASSAGES

MODELING AND DRAINING FACE MASSAGE

30 minutes € 35

*Specific massage for both need and type of skin.
A modeling action, draining, anti-age and
revitalizing.*

HEAD AND NECK FACIAL MASSAGE

20 minutes € 30

*A full facial massage neck and head with pressures
and cleavage of the scalp for a great regenerating
result.*

HEAD NECK AND SHOULDER MASSAGE

20 minutes € 30

*Relaxes the muscles in the cervical area, loosening
shoulder tension and helps the mind to enjoy a
carefree experience.*

RELAXING BACK MASSAGE

20 minutes € 35

*A relaxing back and shoulder massage that helps
loosen muscles due to tension.*

RELAXING OR LEG DRAINING MASSAGE

30 minutes € 40

*Relaxation due to specific hand-skills brings
lightness and comfort to the lower limbs.*



BODY MESSAGES

AROMATHERAPY MASSAGE

50 minutes € 65

Gives the body a deep sensation of well-being thanks to the relaxing hand-skills and the pure essential oils customized during each treatment.

DRAINAGE MASSAGE

60 minutes € 75

Removes excess liquids and accumulated toxins. Great for those who feel widespread swelling and also as a post sport activity with presence of lactic acid.

SPORTS MASSAGE

50 minutes € 75

Has a specific action on legs, arms and back with the aim to dissolve the hypertonic muscle areas and also revitalize hypertonic areas.

DE-CONTRACTING MASSAGE

50 minutes € 70

A massage that works on the muscles in order to dissolve contractures and small stress, thanks to manual skills that heat and work in depth.

ANTI-STRESS MASSAGE

75 minutes € 90

Tension will ease thanks to the decontracting massage on the back, while manual skills with draining and relaxing effects on the rest of the body will contribute to your well-being.



BODY MESSAGES

BRUSHES MASSAGE

50 minutes € 75

Total abandonment during this massage is possible thanks to the delicate perception of soft bristles combined with a traditional hand massage. These special brushes drain and stimulate the body and gently peel simultaneously.

CANDLE MASSAGE

50 minutes € 75

Moisturizes, nourishes and perfumes the skin with the best vegetable butters melted by slightly warming them up by the heat of a flame offering a pleasant feeling for a relaxing and particularly snug massage.

FOOT REFLEXOLOGY

40 minutes € 60

Our feet are the mirror of our body, they manifest what they are living through specific signs (calluses, redness, fissures and curved fingers). Foot massage is pleasant and will therefore stimulate the reflexes points of our organs and viscerain thus rebalance mind and body. Foot treatment helps empty the mind from the excesses bringing deep relaxation.

MATERNITY MASSAGE

45 minutes € 65

This massage cuddles the future mother and her child. The gentle hand-skills, enveloping, help drainage of the lower limbs and therefore warm up the lumbar area of the back.



SPA RITUALS

EVASION AROMATIQUE Face and Body

Aromatic sensory relaxation ritual

1 hour 45 minutes € 140

A facial ritual, for total relaxation offering multiple message techniques, that due to stimulating the microcirculation of the skin give a brighter and more relaxed skin. A body massage with relaxing and draining techniques combined with the effectiveness of essential oils selected in order to live a real sensorial experience, in addition to a moment of pure relaxation and escape.

VILLA LUISA BODY EXPERIENCE

1 hour 20 minutes € 90

An initial peeling with salt of the dead sea, followed by a body massage with oil and fragrant essences and warm bunches of salt that work by massaging the legs and back.

EVASION SENSORIELLE FACIAL

75 minutes € 85

A unique ritual treatment by the use of special brushes that stimulate skin cells, also relaxing the muscles and draining the facial lymphatic stasis.

PLAISIR D'AROMES FACIAL

60 minutes € 75

Aromatic and relaxing ritual with 4 massages, the excellence of relaxing treatment, with citrus notes and aromatic essential oils. The active ingredients combined with the manual action redensifying and oxygenating bring brightness and tone.



BEAUTY

HANDS & FEET

Manicure	€ 20
Beauty pedicure	€ 30
Complete pedicure	€ 35
Nail varnish semi-permanent	€ 20
Semi-permanent manicure	€ 30
Semi-permanent pedicure	€ 40
Semi-permanent removal	€ 10
(included in case of previous application Villa Luisa spa)	

EPILATION

Eye brows/mustache	€ 5
Armpits	€ 8
Arms	€ 15
Partial groin	€ 9
Total groin	€ 15
Half a leg	€ 18
Entire leg	€ 30
Entire leg + partial groin	€ 35
Mans back	€ 20/€ 30
Mans chest/abdomen	€ 20/€ 30



VILLA LUISA
WELLNESS

EXCLUSIVE
EXCLUSIVE WELLNESS

PRIVATE SPA

Exclusive moments of relax

A place where wellness becomes exclusive, in a special location with terrace and panoramic view of Lake Garda.

Inside at disposal is a Finnish sauna a Turkish bath with emotional shower, a cozy salt bed where you may relax and sip a herbal tea or a refreshing infusion.

ONLY PRIVATE SPA

1 hour € 99 each couple

Wellness program in private spa

One relaxing hot or cold infusion to your choice

PRIVATE SPA DELUX

1 hour 15 minutes € 150 each couple

Wellness program in private spa

20 minute relaxing massage back and neck in a couple

One relaxing hot or cold infusion to your choice

PRIVATE SCRIGNO SUL LAGO

2 hours 30 minutes € 275 each couple

Wellness program in private spa

Peeling body scrub in a couple

Aromatic relax massage in a couple 50 minutes

Aperitif with appetizers

Complete your moment of relax adding the following to your choice:

- Massages according to brochure (-10% discount)
- A bottle of wine from the wine list
- Aperitif with appetizers
- Dinner with menù a la cart





THRILLING WELLNESS

SALT DUNE

25 minutes € 25 each couple
€ 18 per person

An eco-sauna consisting salt of the dead sea (temperature about 33°c) where one may relax on a soft bed of warm salt in order to regenerate body and mind, accompanied by music and chromotherapy.

Benefits: The chromotherapy helps deep relaxation combined with the light warmth inside the room. The warm salt relaxes the back muscles, drying humidity, reducing inflammation and contractures and offers further benefits to breathing.

Iodine free, this salt causes no contraindications regarding the thyroid.



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